

# Wildfire and Wildfire Smoke Guidance and Resources

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# **General Disaster/Wildfire and Wildfire Smoke Response Resources**

#### **Federal and Partner Resources**

#### CDC

 <u>Safety Guidelines: Wildfires and Wildfire Smoke</u> – This webpage contains general information on wildfire smoke, as well as information on guidance for sensitive subpopulations, such as pregnant women, children, those with asthma, etc.

#### EPA

- <u>Wildfires</u> Includes a compilation of resources to prepare for and recover from a wildfire.
- Wildfires and Indoor Air Quality Includes various resources on wildfires and indoor air quality, includes strategies to improve air quality indoors. <u>This factsheet</u> includes QR codes to various resources.
- Smoke Ready Toolbox for Wildfires Contains resources for public health officials to help educate the public on smoke exposure risks and interventions they can take to protect their health.

#### AirNow

- Wildfire Smoke Guide A guide for health officials around mitigating health impacts of wildfire smoke and communicating with the public.
- o Fire and Smoke Map An interactive map showing AQIs across the country.

#### National Interagency Fire Center

 <u>National Fire News</u> – Provides up-to-date information on wildfires occurring across the country.

#### National Weather Service

 <u>Fire Weather</u> – An interactive map that shows several advisories and alerts, including for air quality.

#### National Environmental Health Association

<u>Wildfire Response: Guide for Environmental Public Health Professionals</u> – **Provides** guidance for environmental health professionals on responding to wildfires.

#### **State Resources**

#### California Department of Public Health

 Wildfire Smoke: Considerations for California's Public Health Officials – Contains information for public health officials on the impact of wildfire smoke on communities and potential mitigation tools.

## • Minnesota Department of Health

 <u>Wildfire Smoke</u> – Contains general information and guidance on reducing risk from exposure to wildfire smoke.

## Oregon Health Authority

 <u>Wildfires and Smoke</u> – Contains general information and guidance on reducing risk from exposure to wildfire smoke.



Wildfire Toolkit – Includes communication tools and templates.

## • Utah Department of Health

 Air Quality Social Media Toolkit – Includes tools and templates for developing social media messaging for wildfires.

## • Washington State Department of Health

- Smoke from Wildfires Toolkit Contains risk communication resources and guidance for public health and other state and local officials related to wildfire smoke, including resources for schools.
- Smoke from Fires Contains frequently asked questions related to wildfire smoke, including who may be at increased risk, how to reduce exposure, and guidance on outdoor activities.

## **At-Risk Populations and Occupational Safety**

### **Federal and Partner Resources**

- CDC
  - Outdoor Workers Exposure to Wildfire Smoke Includes guidance for outdoor workers on how smoke can impact their health and protective actions to take.
  - Wildfire Smoke and People with Chronic Conditions Provides guidance for individuals with chronic conditions on reducing risk from wildfire smoke.
  - Wildfire Smoke Exposure Poses Threat to At-Risk Populations This CDC Health Alert Network Health Advisory provides guidance for clinicians seeing patients impacted by wildfire smoke.
  - <u>Center for Firefighter Safety, Health, and Well-Being</u> Provides a compilation of resources for firefighters.

#### EPA

 Be Smart, Protect Your Heart from Air Pollution Video – A YouTube video that provides information on staying safe for those with heart disease.

#### **Additional Resources**

- Western States Pediatric Environmental Health Specialty Units
  - Masks to Protect from Wildfire Smoke During Pregnancy or Early Child Years Provides information on mask usage for children and during pregnancy.

## **Masking and Indoor Ventilation Guidance**

#### **Federal and Partner Resources**

- CDC
  - Community Respirators and Masks Shares guidance on how masks can be helpful in reducing exposure to air particulates and how to wear them effectively.
  - How to Use Your N95 Respirator Provides a step-by-step guide on properly using and disposing of an N95 respirator.
- EPA
  - <u>Create a Clean Room to Protect Indoor Air Quality During a Wildfire</u> This webpage describes what a "clean room" is, its benefits, as well as how one can create one in their home.
  - Research on DIY Air Cleaners to Reduce Wildfire Smoke Indoors Shares findings on a study done on the efficacy and safety of DIY air cleaners.
- AirNow



 Protect Your Lungs from Wildfire Smoke – Provides guidance on using respirators to protect against wildfire smoke.

#### **State Resources**

- Utah Department of Health and Human Services
  - o <u>DIY HEPA Filter Box Fan</u> Shares steps for putting together a HEPA filter box fan at home.

## **School Guidance and Resources**

#### **Federal and Partner Resources**

- AirNow
  - Air Quality and Outdoor Activity Guidance for Schools Provides guidance for schools on how to ensure children continue getting exercise while also staying safe.

#### **State Resources**

- Idaho Department of Health and Welfare
  - Wildfire Smoke Contains flyers, brochures, and posters with guidance on wildlife smoke safety, including information on guidelines for school activities.
- Minnesota Department of Health
  - <u>IAQ Actions for Facility Operators</u> Contains information for schools on how keep air quality indoors safe. Includes practical applications for other settings as well.
- Washington State Department of Health
  - Washington Air Quality Guide for Schools and Child Care Activities A graph for schools and childcare centers on appropriate steps to take to mitigate health impacts for children depending on the AQI.

### **Clinician Guidance and Resources**

#### **Federal and Partner Resources**

- EPA
  - Fire or Smoke Event Plan Provides resources clinicians can share with patients to help efforts to reduce smoke exposure.
  - Wildfire Smoke and Your Patients' Health This virtual training for clinicians and health educators provides information on the health effects associated with wildfire smoke and strategies to help patients.

#### **Additional Resources**

- Journal of the American Heart Association
  - Cardiovascular and Cerebrovascular Emergency Department Visits Associated with Wildfire Smoke Exposure in California in 2015 – A study published in 2018 that concludes that extensive wildfire smoke exposure in CA did lead to an increase in emergency department visits for cardiovascular and cerebrovascular health issues.
- Americares
  - <u>The Climate Resilience for Frontline Clinics Toolkit</u> Provides resources and tools for providers.
- Million Hearts
  - Particle Pollution and Heart Disease Includes key resources for clinicians, public health professionals, and individuals on heart health impacts related to PM2.5 and ways to stay safe.

## **Resources for Protecting Pets and Livestock**

**Federal and Partner Resources** 



#### AirNow

- Protect Your Pets from Wildfire Smoke Provides guidance on recognizing when pets may be affected by wildfire smoke and how to keep them safe.
- Protect Your Large Animals and Livestock from Wildfire Smoke Provides guidance on keeping larger animals and livestock safe as well as how to prepare for an evacuation.

## **ASTHO Resources**

- <u>Michigan Mental Health Work, Hawaii Wildfires Environmental Impact</u> (May 23, 2024) Kathy Ho, deputy director for Environmental Health with Hawaii's State Department of Health, explains her team's response to the historic wildfires in 2023.
- Michigan Wildfire Lessons, Empowering Community Health Workers (May 13, 2024) Aaron Ferguson, Manager of the Climate and Tracking Unit in the Division of Environmental Health at the Michigan Department of Health and Human Services, highlights what Michigan leadership learned when they dealt with unprecedented air quality in the state.
- ASTHO Blog: Where There's Fire, There's Smoke—States Prepare for Health Impacts of Wildfire
   Smoke (July 11, 2023) Resources from WA DOH, CDPH, and MDH offer tools that states can use
   as they develop their own wildfire smoke risk communication guidance and engage across state
   agencies.
- ASTHO Public Health Review Morning Edition: Dr. Wayne Cascio on Wildfire Smoke (June 21, 2023) Dr. Wayne Cascio, the EPA Director of the Center for Public Health and Environmental Assessment, explains how to prepare for wildfire smoke.
- ASTHO Public Health Review Morning Edition: Wildfire Smoke Bloggers (May 31, 2023) Kaitlyn Kelly (WA DOH) shares Washington's Smoke Blog that includes information about the state's air quality conditions.
- ASTHO Blog: California Department of Public Health Joins the Fight Against Devastating Wildfires
  (July 5, 2018) CA SHO Alum, Dr. Karen Smith, discusses California's efforts to mitigate the
  impacts of wildfires in 2017.